

H4C Practice Grid 2020

		Girls							Clinic	Notes
day	date	1st/2nd	3rd/4th	5th/6th	MS-Blk	JV(Org)	HS (silv)	HS (blk)	ALL	
s	2/29	9-10:30 @ FCC	9-10:30 @ FCC	9-10:30 @ FCC	10:30-12 @ FCC	3-5 HBA	4-5:30 HBA	4-6 HBA		
su	3/1					4:30-6 NE	4:30-6 NE	4:30-6 NE	3-4:15	Beginners (Elem-MS): 3:00-4:15 Nuuanu Elementary
m	3/2									
t	3/3	5-6:30 @ FCC	5-6:30 @ FCC		6:30-8 @ FCC		6:30-8 @ FCC			
w	3/4			5-6:30 @ FCC	5-6:30 @ FCC	7-8:30 HBA	7-8:30 HBA	7:10 gm Lanakila		HS boys and girls share 1/2 court at HBA
th	3/5									
f	3/6									
s	3/7	no practice	no practice	no practice	no practice	9-11 Hanalani		9-11 Hanalani		FCC not available due to service
su	3/8					4:30-6 NE	4:30-6 NE	4:30-6 NE	3-4:15	Beginners (Elem-MS): 3:00-4:15 Nuuanu Elementary
m	3/9									
t	3/10	5-6:30 @ FCC	5-6:30 @ FCC		6:30-8 @ FCC		6:30-8 @ FCC			
w	3/11			5-6:30 @ FCC	5-6:30 @ FCC	6:45-8:15p HBA		6:45-8:15p HBA		HS girls: Weights 6:45-7:30p, 7:30-8:15 shooting
th	3/12									
f	3/13									
s	3/14	10:30-12 @ FCC	9-10:30 @ FCC	9-10:30 @ FCC	1:00 gm	6-8p HBA	6:30-8p HBA	6-8p HBA		HS girls: Weights 6-6:30, Gym 6:30-8p
su	3/15					4:30-6 NE	4:30-6 NE	4:30-6 NE	3-4:15	Beginners (Elem-MS): 3:00-4:15 Nuuanu Elementary
m	3/16									HBA Spring break: 3/16-3/29
t	3/17	5-6 @ FCC	5-6 @ FCC		6:30-8 @ FCC		6:30-8 @ FCC			
w	3/18			5-6:30 @ FCC	5-6:30 @ FCC	6:45-8:15p HBA	6:45-8:15p HBA	6:20 gm Lanakila		HS girls: Weights 6:45-7:30p, 7:30-8:15 shooting
th	3/19									
f	3/20					7:30-9:30p HBA		7:30-9:30p HBA		
s	3/21	9-10:30 @ FCC	9-10:30 @ FCC	10:30-12 @ FCC	2:00 gm	4-5:30 HBA	4-6p HBA	4-5:30 HBA		
su	3/22					4:30-6 NE	4:30-6 NE	4:30-6 NE	3-4:15	Beginners (Elem-MS): 3:00-4:15 Nuuanu Elementary
m	3/23									
t	3/24	5-6:30 @ FCC	5-6:30 @ FCC		6:30-8 @ FCC	6-8p HBA	6-7:30 HBA	6-8p HBA		
w	3/25			5-6:30 @ FCC	5-6:30 @ FCC					
th	3/26									
f	3/27									
s	3/28	9-10:30 @ FCC	9-10:30 @ FCC	10:30-12 @ FCC	1:00 gm					
su	3/29					4:30-6 NE	4:30-6 NE	4:30-6 NE	3-4:15	Beginners (Elem-MS): 3:00-4:15 Nuuanu Elementary
m	3/30									