



2023

Players and Parents Handbook

Vision Statement

H4C exists to develop Christ-like leaders who will persevere today to make a positive impact tomorrow.

Mission Statement

We strive to build a basketball community who

- trains athletes to develop skills by pursuing excellence
- encourages players to aspire to heights above what they ever thought possible

“I can do all things through Christ who gives me strength.” Philippians 4:13

Core Values

CHARACTER

Trust • Integrity • Reflecting God’s Love

Character means being truthful. Character means that it is not whether we win or lose, but rather how we respond when we win or lose that is important. Character means playing and treating others in a way that honors God.

COMMITMENT

Loyalty • Dependability • Sacrifice

Commitment means that coaches will provide their best effort and planning in order to develop players’ skills and mental game. It means that coaches will start and finish practices on time. Commitment means that players will manage their time and responsibilities in order to be at all scheduled practices and games. It means that players will be at practices on time and ready to participate both mentally and physically.

PERSEVERANCE

Desire/Heart/Passion • Effort • Grit

Perseverance means that players will continue to give 100% effort though a game may be tough (e.g. shots are not falling or the officiating is not going their way), a practice may be demanding, or a skill may be challenging to master. Even when players have a “bad” day, may have difficulties with teammates, or are just exhausted from balancing the responsibilities of life, perseverance means staying the course and working through the challenges knowing that whatever they face with will make them stronger both on and off the court.

SERVICE

Humility • Selflessness • Team Player

Service means that coaches will coach and players will play where it is most beneficial for the team. Service means that players will sacrifice their time, statistics, etc. for the good of the team. Service means deferring praise to the whole team and not just oneself. Service means giving back...using one’s God-given talents and abilities to grow others.

History

Hoops 4 Christ (H4C) grew out of an outreach program called REC (Recreational and Evangelical Council), part of the First Chinese Church of Christ in Hawaii. What started in 1994 as an outreach program for four church kids and their friends has slowly developed into a program that ministers to approximately 200 youth annually. With basketball teams ranging from girls and boys high school to middle school to elementary school, H4C teams compete in various local leagues and tournaments. In addition, H4C holds skills clinics throughout the year.

In 2011, H4C became a non-profit organization. Later that year, in July 2011, H4C took their first travel team to California to participate in the Jets/Jetts Invitational Tournament.

Since then, H4C has expanded summer travel from a single team to multiple teams traveling to various destinations on the mainland each summer to expose our players to high levels of competition and to build lasting childhood memories.

Background Affiliation

H4C is a member of the Amateur Athletic Union (AAU). As such, all players and coaches must join the AAU (play.aausports.org/). See Addendum A for registration instructions.

Powered by God

H4C is a Christian basketball club. Leaders will be coaching and teaching players not only basketball skills, but more importantly, Bible based life skills. Players and coaches need not be a Christian to play and coach for H4C (with the exception of head coaches). However, we ask that all members please respect others during ministry activities.

Academic Requirements

H4C requires all players to maintain at least a 2.7 grade point average. Student-athletes must learn and utilize time management skills to balance schoolwork and club play in order not to jeopardize their grades and/or playing eligibility. Parents should have their son/daughter inform their coach if the player's grade point average falls below a 2.7. Players will not be allowed to play in games should they not make the grades. School academics and school athletics take priority over club play.

Time Commitment

H4C's club season runs from January/February through July. While elementary teams may continue to practice, middle and high school players are often involved in summer basketball with their respective school teams. As a result, practices for middle and high school players may slow down at times. The Fall Extended Season runs from August through October.

Each H4C team will have approximately eight (8) scheduled practices per month for 90 - 120 minutes each. Players are expected to make a commitment to attend all practices and competitions scheduled by the coaching staff. If conflicts occur, it is required that the player (not the parent) notify his/her coach when he/she cannot

attend a practice or game via text, phone call, or email as soon as possible, preferably at least one day in advance so that the coach can plan accordingly.

Personal Time Off (PTO): For upper level teams, players are highly encouraged to manage their time wisely and to plan ahead in order to honor his/her commitments to the team. It is understood that on rare occasions, a missed practice cannot be helped. As such, each player will be granted five PTO absences from practices due to circumstances such as an important family event, an unusually heavy workload, illness, other outside athletics/activities, etc. Absences in excess of the five PTO absences will result in both individual and team consequences. Please note: absences due to 1) participation in school events required for class completion (e.g. required performances) and 2) school athletics will be excused.

Traveling teams should expect to practice three times a week in the month before they are scheduled to travel.

Possible Practice Locations:

H4C Training Facility

Aiea District Park (Aiea)

Hawaii Baptist Academy High School Gym (HBA-HS) and Middle School Outdoor Courts (HBA-MS)

Nuuanu Elementary School (NE)

Papakolea Community Park (PCP)

Saint Louis School (SL)

Various C&C parks (e.g. Fern Elementary, Halawa District Park, Kalihi Valley District Park, Lanakila District Park, Moanalua Middle School, Waiau District Park)

Other locations as gym time is secured

Practice and game schedules will be provided as much in advance as is possible. Please understand that tournament schedules are usually not distributed until 1-2 days before the tournament begins.

Each team is also required to have a team parent. No team parent = no team.

Service Commitment (RETURNING UPON COMPLETION OF H4C TRAINING FACILITY)

One of H4C's ministries is LifeSong. LifeSong is a worship experience for youth. Families are also welcomed and encouraged to attend. LifeSong services are held throughout the year and will be held at the H4C Training Facility.

As part of H4C's service commitment, each team will be asked to participate in and host refreshments for LifeSong once throughout the club season. Players will be asked to participate in greeting, lay reading, skits, and music. Parents will be asked to assist with providing light refreshments as well as clean up after food service. It is hoped that this activity will also encourage families to work together and to get to know each other better.

Financial Commitment

H4C is a non-profit organization. Club dues are used for operating expenses (such as gym rentals, equipment, club/coaches' registration fees, insurances, etc.). Although the club season runs through July, some teams may continue through the fall. Additional fees may apply for teams/players who run past the official club season.

H4C Club Dues for **2023** are as follows:

Elementary & Middle School Teams:	\$450.00	Jan-July (50% for players entering from 5/1)
	\$100.00	Aug-Dec Fall Extended Season for H4C members
	\$200.00	Aug-Dec Fall Extended Season for non-H4C members
High School Teams:	\$450.00	Feb/Mar-Oct
	\$50.00	Seniors who have played w/ H4C prior to their senior year
	\$100.00	New seniors

Club dues are non-refundable and must be paid no later than the **Preseason Parent Meeting**. Dues must be paid in full prior to participation in any games*. Please make payments through the player's LeagueApps account. If paying by check, please make checks payable to 'Hoops 4 Christ Hawaii' and indicate who and what the payment is for (including your child's name and team in the memo section of the check).

Club dues do not cover game/practice uniforms, player league and tournament entry fees, AAU registration fees, travel expenses.

Game and practice uniform costs are as follows:	\$ 110.00	Game Uniform
	\$ 20.00	Practice Jersey

Player league and tournament entry fees are generally based on the number of players participating in the league or tournament. Should the number of players change after an amount is invoiced, the difference will be collected or credited.

Non-payment of club dues and league fees within two weeks of the invoice date will result in the following:

Non-payment of club dues = ineligible to practice until dues or installments are paid in full

Non-payment of league fees = ineligible to participate in games until fees are paid in full

For traveling teams, a non-refundable deposit of **\$ 500.00** must be paid no later than **March 31** (or as noted on the Summer Travel Cost & Commitment Form). Travel deposits must be paid in full prior to securing travel reservations. Please make checks payable to 'Hoops 4 Christ Hawaii' and indicate who and what the payment is for.

Please understand that H4C coaches are not paid. Rather, they lovingly volunteer their time, effort and resources to accomplish the vision and mission of H4C.

*For difficulties with payment, please contact an administrator to set-up a payment plan to fit your budget.

Fundraising/Payments for Traveling Teams

H4C traveling teams participate in various fundraising activities to help defray some of their travel expenses. Fundraising is optional, but it will be assumed that each player and family will participate. If you DO NOT wish to participate, please notify both your team parent and club director in writing.

In most cases, when a player participates in a fundraising activity, profits earned by the player will go directly to the player's account (tracked by the team parent). However, 10% of all fundraising profits will be returned to the club. Individual teams may do their own fundraising in addition to possible fundraisers planned for traveling teams.

Traveling players' charges will include their personal cost as well as shared costs split among all traveling players (e.g. the cost of the coach's and chaperone's airfare and accommodations). Planning and budgeting for travel will include a payment schedule in order to allow for H4C to have sufficient funds to cover required deposits and other expenses where advanced payments are required to secure reservations.

Travel costs for all players/families must be paid in full no later than one month before the travel date. If approximated costs are not paid in full by that time, H4C reserves the right to cancel a player's/family's travel and the player will be assessed any cancellation fees for reservations and/or accommodations made and paid for by H4C on their behalf.

League and Tournament Information

H4C teams participate in various local leagues and tournaments over the duration of the season. Players committing to membership with H4C will be required to play only with H4C. Participation on multiple club teams will not be allowed due to the potential for sustained injuries, time away from practices and/or games with his/her H4C team, and the disruption in the development of consistency across each team. Participation as a guest player on tournament and/or travel teams for another club may be approved on a case by case basis, but **approval must be granted by the boys or girls coordinator prior to participation with another club.**

Leagues run throughout the year. Specific days and times are unknown. For high school players, leagues usually run from February through August.

H4C also plans to expose players to high levels of competition by participating in mainland tournaments.

Playing Time

H4C has established the following guidelines for playing time in leagues. However, coaches will have the discretion to adjust all playing time guidelines for circumstances such as practice attendance, attitude, disciplinary action, etc. Please note that playing time in tournaments will be 100% coach's discretion for all teams.

- 1st/2nd & 3rd/4th Grade Divisions: Balanced play for 75% of the game, coach's discretion for 25% of the game
- 5th/6th Grade Division: Balanced play for 50% of the game, coach's discretion for 50% of the game
- Middle & High School Divisions:
 - Silver Team – Balanced play for 50% of the game, coach's discretion for 50% of the game
 - Black/Orange Team – 100% coach's discretion

Note:

The Black Team is for highly competitive players (parents) who want to be pushed hard to develop their skills during practice/games. Players will need to earn their playing time for games.

The Silver Team is for competitive players who want to develop their skills through practice and established playing time during games.

For travel, please note that players may be double rostered and/or moved to a different team at coaches' discretion.

Concussion Protocol

Where players sustain injuries indicative of concussion during H4C practices, games, or other activities, or when H4C is made aware of concussive injuries sustained outside of H4C, parents shall provide a physician's note indicating the player's suitability to return to play. Prior to the receipt of such note, the player may participate in H4C social activities, but may not resume practice or participate in clinics or games.

Code of Conduct

H4C players, parents, and coaches are expected to adhere to H4C's Core Values.

Players Code of Conduct

Learning to play the game with integrity and learning to live a life reflecting Godly values are part of H4C's goals for every player. As such, H4C expects the following from its players:

- Make every effort to be on time for every practice, game, or activity.
- Be ready mentally and physically to practice and play. Realize that how you conduct yourself (verbal and nonverbal) can have a huge impact on your team, the practice, the game, etc.
- Display good sportsmanship and team play at all times.
- Follow the direction of the coaching staff. As Yoda said, "Try not, but DO."
- Respect yourself, coaches, players, league officials, referees, and spectators.
- Refrain from abusive and profane language.
- Refrain from taunting or humiliating any other player, coach, parent, etc.
- Refrain from questioning an official's call.
- Do not abuse, mistreat, or mishandle H4C and other's equipment or property. We are guests at the gyms that afford us practice and game time. Take care of the facilities God has provided for the club. Players and parents will be liable for any and all damages they cause.

H4C expects all players to be mindful of the ministry of Hoops 4 Christ in their behavior by being a living example to their peers and being a mentor to the club's younger players.

Parents Code of Conduct

It is paramount that parents show their child their commitment to Hoops 4 Christ. By being present at as many practices and games as your schedule permits and by subscribing to H4C's Core Values and handbook guidelines, parents will be the example their child really learns by. As such, H4C expects the following from its parents:

- Appreciate your child's efforts; children should know that win or lose you love them.
- Be honest to yourself about your child's athletic capacity, competitive attitude, sportsmanship and actual skill level. Do not try to live or relive your own athletic experiences and/or dreams through your child.
- Leave the coaching to the coach. Refrain from shouting advice during the game; talk to your child after the game and when s/he is ready.
- Refrain from harassing or criticizing the referees, the other team, or other players.
- Focus on the improving skills of your child rather than comparing skill, courage, or attitudes of your child to others or on the winning.
- Refrain from discussing game situations with the coach immediately after a game, wait 24 hours in

order to insure a better interaction.

- If your child has an issue with someone, encourage him or her to speak directly with that person to work things out. Allow them to grow in these situations.
- Get to know the coach so that you can understand his/her philosophy, attitudes, ethics, and leadership style.
- Support the coach and his/her assistants with the things they are trying to accomplish. Realize that a dedicated group of volunteers runs H4C.
- Believe that playing sports will ultimately teach your child how to approach life's challenges as an adult.

Abuse

H4C coaches and parents will agree to refrain from using any form of verbal, physical, or emotional abuse while a coach or parent of a player in the club. Examples of abuse are as follows:

Verbal Abuse: Name calling, hurtful comments regarding performance, swearing, etc.

Physical Abuse: Grabbing, shoving, hitting, fighting, etc.

Emotional Abuse: Comments regarding the need to win every game, scoring more, being the best player, playing without errors, etc.

Drugs and Illegal Substances

Smoking, drinking, and drug use by players will not be tolerated.

Warnings and Dismissal from Club

This handbook serves as H4C's intent to enforce the following disciplinary action should the Code of Conduct be violated:

First Offense: Warning, no penalty.

Second Offense: Removal from the site, tournament, practice. One-week probation.

Third Offense: Dismissal from the club.

Note: Probation and dismissal from the club may be invoked at any time if a player's, coach's or parent's action(s) are grossly in violation of H4C's Code of Conduct and Core Values.

Grievance Resolution Process

1. Parents should first listen to their child and understand their child's concerns behind the grievance.
2. Parents should then help the child attain a better understanding of the circumstances that gave rise to the grievance and should help the child to see the situation from the coach's (director's) perspective.
3. If the player is not satisfied, the player should arrange a meeting with the coach. If the player is still not satisfied, the player and parent should arrange a meeting with the coach and club director.

Note: If a parent has a grievance with the coach, the parent should follow the same procedure as above. The team parent will serve in the role of the parent.

Contact Information

Club Director: Darren Wada
Phone: (808) 479-1705
Email: darren@qdbhawaii.com

Boys Coordinator: Randy Tamayo
Phone: (808) 225-5007
Email: randy.tamayo@hawaiiantel.net

Girls Coordinator: Daryl Ching
Phone: (808) 383-2862
Email: daryl@hawaii.rr.com

Boys Administrator: Jon Lim

Girls Administrator: Lisa Iha

Clinic Directors: Jimmy Mageo
Randy Tamayo (Special Events)

Tournament Director: Derrick Uehara

Uniforms/
Travel Coordinator: Candi Wada

Club Chaplain:

Website: Lisa Iha
www.h4chawaii.com